



**Cafeteria Manager: Patricia Bentley**

Welcome back, MES family!



**August 24 is National Waffle Day!** You can make waffles a part of any meal. Classic waffles with syrup for breakfast, a waffle sandwich for lunch or chicken and waffles for dinner. Celebrate waffle day all day long!

This institution is an equal opportunity provider.



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

2

3

4

5

6

Steak Biscuit OR  
Bacon Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk

9

Chicken Biscuit OR  
Egg/Cheese Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk

10

Breakfast Pizza OR  
Sausage Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk

11

Syrup Day OR Muffin  
OR Cereal & Toast  
Fruit  
Juice  
Milk

12

Gravy Biscuit OR  
Bacon/Egg/Chz Biscuit  
OR Cereal & Toast  
Fruit  
Juice  
Milk

13

Steak Biscuit OR  
Bacon Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk

16

Chicken Biscuit OR  
Egg/Cheese Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk

17

Breakfast Pizza OR  
Sausage Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk

18

Syrup Day OR Muffin  
OR Cereal & Toast  
Fruit  
Juice  
Milk

19

Gravy Biscuit OR  
Bacon/Egg/Chz Biscuit  
OR Cereal & Toast  
Fruit  
Juice  
Milk

20

Steak Biscuit OR  
Bacon Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk

23

Chicken Biscuit OR  
Egg/Cheese Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk

24

Breakfast Pizza OR  
Sausage Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk

25

Syrup Day OR Muffin  
OR Cereal & Toast  
Fruit  
Juice  
Milk

26

Gravy Biscuit OR  
Bacon/Egg/Chz Biscuit  
OR Cereal & Toast  
Fruit  
Juice  
Milk

27

Steak Biscuit OR  
Bacon Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk

30

Chicken Biscuit OR  
Egg/Cheese Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk

31

